

First Aid Requirements

Federal

Required First Aid in Workplace					
Workplaces: One First Aid Attendant is required for a	Remote Workplaces: One First Aid Attendant is required for				
workplace with 6 or more employees working at any time.	2 or more employees working at any time.				

Workplaces with Live High Voltage Electrical Equipment:

additionally requires one employee to have the training necessary to provide resuscitation by mouth-to-mouth resuscitation, cardiopulmonary resuscitation.

Required First Aid Stations

At least one first aid station shall be provided for every workplace.

Required First Aid Rooms

If 200 or more employees are working at any time in a workplace, the employer shall ensure that a first aid room is provided and that it is clearly identified by a conspicuous sign.

Federal Requirements for First Aid Kits						
Number of Employees	Type of First Aid Kit					
2-5	А					
6 or more, where the first aid attendant is required to have a Basic First Aid certificate	В					
6 or more, where the first aid attendant is required to have a Standard First Aid certificate	С					
1, detached from the main party in a remote workplace	D					
1-3, traveling by snowmobile or other small vehicle (other than a truck, van or automobile)	D					



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First Aid Requirements

Provincial

First Aid Training

Workers must meet the training curriculum set out in the Canadian Standards Association (CSA), CSA Z1210- First Aid training for the workplace – Curriculum and quality management for training agencies.

Workers will be required to be trained to the applicable workplace first aid training level.

Basic - formerly recognized as First Aider 1 (FA1)
Intermediate - formerly recognized as First Aider 2 (FA2)
Advanced -formerly recognized as First Aider 3 (FA3)

	Required First Aid Attendants in the Workplace						
	Close Wo	orkplace	Distant Workplace		Isolated Workplace		
Number of Workers/Shift	Low Hazard Work	Other Work	Low Hazard Work	Other Work	Low Hazard Work	Other Work	
1-10				1 Basic	1 Basic	1 Intermediate	
11-40	1 Basic	1 Intermediate	1 Basic	1 Intermediate	1 Basic	1 Advanced	
41-100	1 Basic	2 Intermediate	1 Basic	2 Advanced	2 Basic	2 Advanced	
101-199	2 Basic	2 Intermediate	2 Basic	2 Advanced	2 Basic	3 Advanced	
200 or more	3 Basic	3 Intermediate	3 Basic	3 Advanced	3 Basic	4 Advanced	

	Provincial Requirements for First Aid Kits					
Workplace First Aid Kit Classification	1 employee or worker in isolation	2-25 workers per shift	26-50 workers per shift	51-100		
Type 1: Personal	1	n/a	n/a	n/a		
Type 2: Basic	n/a	1 small	2 small/1 medium	4 small/ 2 medium/2 small and 1 medium/ 1 large		
Type 3: Intermediate	n/a	1 small	2 small/1 medium	4 small/2 medium/2 small and 1 medium/ 1 large		

Automated External Defibrillators (AEDs)

The Defibrillator Public Access Act - The Defibrillator Public Access Act was proclaimed into force on January 1, 2013. Under the Act, automated external defibrillators (AEDs) were required to be installed in high-traffic public places such as gyms, arenas, community centres, golf courses, schools and airports by January 31, 2014. It also required AEDs to be registered with Shared Health so they can advise 911 dispatchers of their location, to enable them to assist those trying to care for a cardiac arrest victim to find the nearest AED and guide them through the proper use of the machine.

*information contained in this handout is current as of December 01, 2024



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